



Square1 offers individual therapy at the RISE Learning Center, as well as family therapy in the home or through telehealth. Square1 continues treatment during school breaks and during the summer to provide seamless and consistent therapy to all clients. Below is an overview of our program.

Referral

RISE staff as well as parents may request a referral for services. Once a referral is made, Square1 staff will contact the family to verify insurance coverage. Square1 accepts all Medicaid plans as well as clients with private insurance (private insurance clients can expect a small out-of-pocket expense typically in the \$30-45 range per session).

Intake

After the referral has been processed and insurance verified, the assigned Square1 therapist will contact the family to schedule an Intake Assessment. This meeting is to gather information and develop the treatment plan to guide the therapist and the client in achieving the progress we all strive for.

Therapy Sessions

After the Intake Assessment, the Square1 therapist will begin meeting with the client during the school day. Frequency is critical to making progress and Square1 sees Medicaid clients twice weekly. Because of the out-of-pocket cost for private insurance clients, we ask the parent to authorize the number of sessions each month that they are comfortable with. Therapy service is ongoing and reviewed every 90 days.

Medicine Management

Square1 and RISE are partnered with Virtual Consult MD to provide clinic style medical management appointments during the school day, thus eliminating the need for parents to schedule and keep appointments with outside providers. Virtual Consult MD uses psychiatrists and psychiatric nurse practitioners to ensure the most effective treatment plans

If you believe that consistent individual therapy would benefit your child, please contact Dr. Carson and request a referral for Square1 services.